

REGISTRATION FORM

Name: _____
Street: _____
City: _____
State: _____ Zip: _____
Phone: _____
Email: _____

Box Lunch (please check one):

- ☐ I prefer a regular (non-vegetarian) lunch
☐ I prefer a vegetarian lunch
☐ I prefer a gluten free lunch

Fee Schedule:

No fee, FREE for all!

Parking:

Parking available (\$6 for the day) in parking garage adjacent to the Ernest Community Cultural Center.

You may also register via e-mail:

melissa.ward@dbhds.virginia.gov

***please be sure to include all above info in your e-mail**

***DIRECTIONS TO THE
RICHARD J. ERNST
COMMUNITY CULTURAL CENTER
At NVCC, ANNANDALE CAMPUS
8333 Little River Turnpike
Annandale, VA 22003***

From The Capital Beltway: Take exit 52-A, Little River Turnpike, west towards Fairfax. On Little River Turnpike make a left at the third traffic light, which is Wakefield Chapel Road. Once on Wakefield Chapel Road the campus will be on your left.

From I-95: Take I-495 toward Tyson Corner, then exit 52-A, Little River Turnpike, west toward Fairfax. On Little River Turnpike make a left turn at the third traffic light, which is Wakefield Chapel Road.

From Route 66: Exit onto the Capitol Beltway (I-495—towards Richmond), use exit 52-A which is Route 236 west. After approximately one half mile, the college will be visible on the left hand side.

From Route 50: Take Route 50 to Route 236/Little River Turnpike. On Little River Turnpike, turn right on Wakefield Chapel Road. Once on Wakefield Chapel Road the campus will be on your left.

Public Transportation, Via Metro Bus: The Annandale campus of NVCC is served by two metro bus lines, Rt. 29K, 29N Alexandria-Fairfax Line and Rts. 29C, 29E, 29X Annandale Line.

Northern Virginia Mental Health Institute
3302 Gallows Road
Falls Church, VA 22042
Attn: Melissa Ward



**Recovery
Partnerships**

Building Bridges to Personal Safety

**The Regional Community Support Center at
Northern Virginia Mental Health Institute
Proudly Presents:**

***Trauma:
Caring For Others & Ourselves***

**June 14, 2011
9:00 am – 3:30 pm**

Ernst Community Cultural Center
Northern Virginia Community College
Annandale, VA

Box Lunch Included

DEADLINE FOR REGISTRATION IS JUNE 10 at 5 pm

Questions Call: 703-208-6348

Welcome

Trauma: Caring for Others & Ourselves

Dear Consumers, Family Members and Providers

The Regional Community Support Center (RCSC) at Northern Virginia Mental Health Institute is proud to announce its fifth annual conference. This conference, to be held on June 14, will serve to provide a holistic perspective on trauma with the aim of enhancing consumer, provider, and family members' understanding and appreciation for caring for others and ourselves.

The morning portion of the conference will focus on the neurobiological aspects of trauma, types of trauma, treatment modalities, and the role resiliency plays in treating trauma. The afternoon portion will consist of an interactive panel. The members of this panel will include a consumer of trauma services; a provider with expertise in the areas of spirituality, meditation, and trauma; an Art Therapist; and the Executive Director of the Boat People SOS.

Sincerely,

*The Regional Community Support Center Advisory Committee
Mary Ann Beall, Fairfax/Falls Church CSB • Lauren Davis, RN, BSN, NVMHI • Wendy Gradison, LCSW, CPRP, PRS, INC • Judy Hines, Friends of Loudoun Mental Health, Loudoun County • Steve Hornstein, Arlington County • Jennifer Kane, LCSW, Alexandria CSB • Violet Taylor, Peer Bridger, NVMHI • L. William Yolton, Fairfax County • and Amy Rushton, RN, MSN, PMHCNS-BC, Director, Regional Community Support Center at NVMHI.*

The Regional Community Support Center at NVMHI is dedicated to:

- * **The safety of consumers, families and service providers**
- * **The elimination of the need for coercion and the use of seclusion and restraint**
- * **The full integration of trauma-informed care in all care settings**
- * **Positive partnerships between consumers and service providers**
- * **Healing treatments that inspire hope and make**

Conference Schedule

**9:00—10:00 Lisa Ferentz, LCSW
Keynote Speaker**

10:00—10:15 Break

**10:15-11:30 Lisa Ferentz, LCSW
Keynote Speaker**

**11:30—12:30 Lunch
(Box Lunches Provided)**

12:30—2:00 Interactive Panel

Wilson Hurley, LCSW

Private practitioner and consultant specializing in stress management and use of mindfulness in clinical practice

Thang Nguyen,
Executive Director
Boat People SOS

Lauren Persky,
Art Therapist
Northern Virginia Mental Health Institute

Tammy Washington,
Trauma Survivor

2:00—2:15 Break

**2:15—2:45 Closing Remarks by members of
the Regional Management Group**

Lisa Ferentz, LCSW-C, DAPA (Keynote Speaker)

Lisa is the President and Founder of The Institute for Advanced Psychotherapy Training and Education, Inc. She has a B.A. in Theatre from SUNY Albany, and an M.S.W. from the University of Maryland School of Social Work, and is a Diplomate of the American Psychotherapy Association. In 2009, she was given the "Social Worker of the Year" Award by the Maryland Society for Clinical Social Work.

She has been in solo private practice for twenty five years. Working with children, adolescents, individual adults, couples and families, her areas of specialization include: adult children of alcoholics; survivors of emotional, sexual and physical abuse; co-dependency; substance abuse; eating disorders; self-injurious behavior; anxiety; depression; dissociation; multiplicity; professional burn-out; parenting skills; and stress management. Her work embraces a variety of creative paradigms and treatment modalities including Ericksonian Hypnosis, art therapy and Sensorimotor techniques.

Six years ago, Lisa created and began training clinicians in a Certificate Program in Advanced Trauma Treatment. To date, over 295 clinicians have graduated from her Level I and Level II strengths based, de-pathologized approaches to treating trauma survivors

Locally, nationally and internationally, Lisa frequently presents workshops, lectures, and key note addresses for clinical social workers, primary care physicians and other helping professionals, and is considered an expert in the field of trauma. She has written articles on self-injurious behavior for New York University's Child Study Center, and the Psychotherapy Networker Journal. She participated in a documentary called "The Multiple Personality Puzzle" for the Learning Channel. She also participated in three educational videotapes on eating disorders available for clients and clinicians through Cavalcade Videos. She is currently writing a book for Routledge entitled "Treating Self-Destructive Behaviors in Traumatized Clients: A Clinician's Guide."